

PRAYER FOR FORGIVENESS

“The Eternal Heart is One of Love, and God forgives from the foundation of the universe.”
Ernest Holmes

I came across this quote again today and it touched me deeply. I know that there is a sacred place inside my soul and it is God. I know there is no room for anything but Love when I open to its essence; It is the truth of my being.

Where Love dwells, there is no room for negativity, smallness of being or lack of charity. Today, I focus upon the Love. I focus upon the Good. I focus upon the richness of my life and everyone and everything that has made this so. I remember the good and the true and the beautiful. I also remember those who have guided me on my journey. My heart overflows with generosity and love as I acknowledge the great expressions of God they are. And I call all of my experiences "Good," for each has chipped away the stone to allow the sculpture of my being to be revealed as who I am today.

If there is anyone or anything in my past that blocks me from the greatest expression of myself I surrender them now to God. And I forgive them, as I forgive myself, knowing that each has gifted me with a greater awareness of me and of the Presence of the Divine in my Life.

Every encounter in my life gives me the chance to become better than I am – to move into the full and complete Truth of my being – that God is all there is and that I live in Its Presence as surely as it is indwelling in me.

With every beat of my heart and every breath of my life - I am grateful.

And so it is.