

Cleansing Prayer

Beloved God, in me as me, expressing through me - I stand at Your door today. I have much to release and my burden feels heavy.

I know You are the Power and the Presence in all. I know you are the Strength, the Wisdom and the Truth. And so here today, I turn myself over to you. I give all my baggage to you. How could I ever be so egotistical to think that I can do more than you?

Right here and right now,

I let go of indebtedness
I let go of resentment
I let go of being a victim
I let go of lack
I let go of limitation
I let go of loneliness
I let go of sadness
I let go of confusion
I let go of the need for approval
I let go of struggle
I let go of feeling tired
I let go of feeling unsupported
I let go of fear
I let go of doubt
I let go of trouble
I let go of worry
I let go of concern
I let go of need
I let go of illness.
I let go of depression
I let go of SUP - pression
I let go of looking for life outside myself.

RIGHT HERE AND RIGHT NOW, I OPEN MY HEART, MIND, BODY AND SPIRIT TO HEALING.

I DECLARE MYSELF TO BE WHOLE PERFECT AND COMPLETE.

I DECLARE MYSELF TO BE HEALTHY, WEALTHY, LOVEABLE, Physically and Emotionally FIT, EXCITING, INTERESTING, LOVING, GIVING, PEACEFUL; FULFILLED, PROSPEROUS, ADVENTUROUS, FUNNY, INDEPENDENT, FREE, LIGHT, SUCCESSFUL, GOD FILLED!!

I RELEASE NOW AND FOREVER THAT WHICH NO LONGER SERVES MY GREATEST GOOD. I AM GOD'S INSTRUMENT OF LOVE, JOY AND PEACE. I AM FILLED TO OVERFLOWING WITH ABUNDANCE.

ALL THAT THE UNIVERSE HAS IS MINE ! I OPEN MY HANDS, MY HEART, MY BODY, MY MIND, MY ARMS, MY BANK ACCOUNTS, MY HOME, MY LIFE TO RECEIVE MY GOOD. I CLAIM MY GOOD NOW!

THANK YOU GOD FOR LISTENING AND FOR MAKING MY LIFE BRAND NEW RIGHT HERE AND RIGHT NOW. AND SO IT IS!