

## **Affirmations for September 10– September 17**

Today I affirm that every aspect of my life is in the hands of Spirit and with childlike faith I know that goodness, love and wisdom are unfolding in all my endeavours. With enthusiastic hope I celebrate the goodness expressing in my life.

Today I am conscious of the presence of Spirit in my physical body. I enjoy perfect health and co-ordination because the Spirit of perfection acts in and through me. I am equal to every task set before me and confident that I can meet every situation. I know that Divine Love leads me through this day.

Today I celebrate my freedom. I am a free soul and am free from all doubt, anxiety or unhappiness. I am guided by the Divine Intelligence and Spirit inspires me and enables me to enjoy a rich, full and abundant life.

Today I open my mind to new ideas. Spirit is forever providing me with impressions that enable me to enjoy a better and fuller way of life. I allow the originality of Spirit to expand my consciousness and I welcome newness and creativity.

I affirm my oneness with all life. I remember throughout this day that there is One Mind, this Mind is God, this Mind is my mind now. I am conscious of infinite goodness, infinite peace and infinite wisdom expressing in every aspect of this day.

I give thanks today for the abundance in my life. I celebrate the many blessings in my life and align my consciousness with everything that makes my life joyful. No matter what negative appearances exist in the external world, I focus on the good and am without fear, depression or insecurity. I know that God is all there is, and I am filled with peace.

Today I affirm my desire that only good, truth, love and wisdom will be expressed by me, and so I know that it is only these qualities that manifest in my life. I know that Spirit is at the centre of my being and that the Law of God is operating through me in all of my day's activities.