

## Affirmations January 10-17, 2021

Today I remember to be kind in all my actions. I consciously seek out opportunities to be of help to others and to remember that the Divine One is the presence in every person, activity and situation that I encounter. I know that Love is everywhere present.

Today I know that Spirit is ever present, moving in the unseen to create a greater good. I trust and know that I am always in my perfect place and that the Divine consciousness is always guiding my footsteps. As God is ever present, I simply say “Thank you, God” as I move forward with confidence.

Today I remember the words of Ralph Waldo Emerson: “Do not go where the path may lead. Go instead where there is no path and leave a trail.” With perfect trust in Spirit, I move forward, knowing that the creative law of the universe acts in, as and through my actions.

Today I know that the entire energy of the universe operates within me, operating fully right where I am in this moment. I celebrate this knowledge and know that every answer to every question is mine as I navigate my day, Spirit as my ever-present guide.

Today I open new doors in my life and embrace new opportunities, knowing that Divine Love guides every step of my journey. I celebrate newness and renewal in my life and trust that every choice I make is inspired by Spirit.

Today I consciously remind myself that what I picture in my mind is what shows up in my life. I hold fast to the knowledge that I am a unique expression of the Divine One and that health, prosperity, joy and peace are my birth-right. As I know this to be true, I let go of any fear or anger or resentment, knowing these emotions are a barrier to the full expression of good in my life.

Today I bring a fresh “beginner’s mind” to my spiritual journey. I open my mind to new revelations, knowing that I am always learning and growing and finding new answers. I remember the words of J. Krishnamurti, “To know is to be ignorant. To not know is the beginning of wisdom.”