

Positive Living Centre of Victoria Centre News for September 2012

Kim's Korner

The greatest healers of our world are those who listen. Just listen. Such a simple thing to do and yet so transforming. My first experience of being listened to and heard was in 1979, when through grace I was led to a self-help group. For the first time in my life, I was with people who listened. And because they listened, I started the process of healing. This small group of individuals allowed me to walk around inside of them and as the 23rd Psalm says I found "green pastures and still waters," which to me means a totally safe place. A place where there was no judgment. When we have someone in our lives that we don't deeply listen to, they start to leave us. Each time that we're not fully present, we lose another piece of them. Then one day they are gone. They may not be physically absent, but they are gone in spirit.



Dr. Greg Baer, the key note speaker at the Asilomar conference, said that without deeply listening to each other, there are no true relationships. In his "Listening Poem," Ralph Roughton, M.D. wrote, "Perhaps why prayer works, sometimes, for some people - because God is mute, and he/she doesn't give advice or try to fix things. 'They' just listen and let you work it out for yourself." This poem in its entirety is on our information table on the lower level. Studying it and living by it will change our lives and the lives of those around us.

In love,
Kim.

Inspiration from Paul Ferrini: Misperception

"As long as you do not perceive reality accurately, you will attract a correction to that misperception. Often you interpret the correction as an attack. It isn't. It is an opportunity for you to see the distortion that fear has created in your thinking and to correct your vision so that you can see what is really there."

Submitted by Rev. Kim



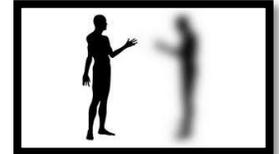
Affirmation of the Month

Words to ponder in the month of September:

When I listen to you with no thought of my reply, I open a space that allows you to receive answers from your own innate wisdom, which is being revealed in the words you are sharing. And so it is.



Please note: From time to time we will take pictures or videos of people at services or events to put on our Website or Facebook. Please let us know if you do not want to be included in this.



President's Remarks

It is Birthday month! The PLC is now 22 years old. We will celebrate with our friends and neighbors with finger food and birthday cake at our Annual Friendship Sunday, on September 30th. Please take some brochures and invitations to give away. And please bring some finger food to share.

Love,
Cathy Fletcher
President



Announcements and Events for September

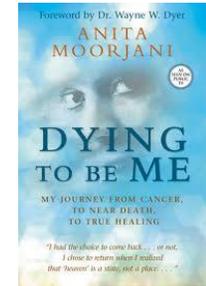
Workshop with Rev. Kim: Six week experiential journey into the subconscious beliefs that cause mental, emotional and physical or financial dis - ease in our life. The objective of this workshop is that through a deeper awareness of our innate Perfection, we reveal and heal the subconscious drivers behind the dis-ease producing beliefs.

Based on the book "Dying to Be Me" by Anita Moorjani.

Date - Wednesdays, September 5th through October the 10th

Time 1:00 to 3:00

Location [to be announced]



Friendship Sunday & PLC Birthday Celebration:

September 30th after the service. Bring family and friends to help the centre celebrate 22 years. Enjoy fun and fellowship, as well as potluck finger food and cake!

Craft Circle: Is anyone interested in participating in a *Craft Circle for Charity* once a month? We will have a brief meeting on September 23 after church to see who is interested and get ideas of what/when/where/how this might happen. Please bring your ideas. This is intended to be both a social and a service activity. If you are interested but can't make the meeting, please let one of the board members know.

Upcoming Events

Thanksgiving Celebration: October 7th after the service. Details to be announced.



Volunteer Appreciation: October 21st after the service. A big thank you Pizza Party to acknowledge all of the volunteers who work tirelessly and often anonymously to help make the PLC what it is!

