

## ***Affirmation of the Month***

I give thanks for everyday gifts of Spirit, a smile, a hug, the air I breathe, the beauty of nature, the warmth of the sun, and, when required, the cooling shade of a tree. I am so blessed. And so it is.

## ***Announcements***

***Board Meeting:*** The next Board meeting will be at 1:00, October 20, 2013 at 3144 Qu'Appelle Street.

***Co-op Number:*** Don't forget to use Michelle Marier's Co-op number when getting gas as the rebate is coming back to the Center. **29857**

### ***Thrifty Foods Gift Cards:***

Please see Rev. Kim if you do not have a Thrifty Foods Gift Card. When you load up your card and use it to buy groceries, the Positive Living Centre receives 5% of everything you spend!

***Rainbow Kitchen*** is looking for containers to send food home. Please bring in your sour cream, margarine etc. containers and Bonnie will ensure that they get them.

***Pastoral Care Cards:*** Do you know someone in our congregation who is ill or in need of a pick me up? Contact Jeni Hillier at 250 598-8802 or [j.hillier@shaw.ca](mailto:j.hillier@shaw.ca). She would be happy to send a card.

***Please note:*** From time to time we will take pictures or videos of people at services or events to put on our Website or Facebook. Please let us know if you do not want to be included in this.

## ***Positive Living Centre of Victoria Centre News for October 2013***

### ***Kim's Korner***

Traditional Thanksgiving came out of the practice of giving thanks for a successful harvest. This is how we normally think of gratitude, an acknowledgement for something already received. It is an automatic response to a kindness, gift or purchase. However, when we seemingly have no visible abundance, gratitude can open space in consciousness to embody a new good. Many years ago, in another city and another province, I had a counseling client, who on the surface had what appeared to be big problems. One day she phoned me and said something like this; "I don't know what to do. I have no job, no money, I can't manage the rent I'm paying and I've searched and can't find anything for less..." This story went on and on. So I said, "Let's stop there and look at this moment from a different perspective. Do you have your rent paid for today?" She said, "Yes." "Do you have food in your fridge for today?" She said, "Yes." She was a smoker so I asked, "Do you have cigarettes for today?" She said, "Yes." So I said, "In this moment every need is met?" She said "Yes." Then I said, "In this moment now, you actually have abundance?" She thought on that for a moment and somewhat reluctantly said, "Yes." Giving up our story is not an easy thing. However she did give up her story. I worked with her on that feeling of gratitude for the abundance of the moment and her life transformed. A door opened for her to go back to school, which opened another door into a beautiful new low rental apartment in a new building, etc., etc. All credit goes to her willingness to leave her story and embrace gratitude for the present moment of abundance.

Happy Thanksgiving  
In Love. Rev. Kim

## ***President's Remarks***

Rev. Kim Fairrell announced at the Annual General Meeting that she wishes to retire at the end of December of this year. She has provided spiritual leadership for the Positive Living Centre for over seven years and she will be greatly missed by us all. To thank her for her many years of spiritual guidance, we are planning to hold a retirement dinner for Rev. Kim on Saturday, December 27<sup>th</sup> at 6:30pm at the Four Mile Restaurant. A reservation sheet will be available shortly. Tickets for the dinner will be \$40 per person.

Looking to the future, candidating for a new minister will begin in January. We anticipate that we will have guest speakers and that there will be several individuals invited to candidate for Minister. Our by-laws provide for the congregation to vote on the appointment of a new Minister, so all members can have a voice in the selection. The Positive Living Centre recently celebrated its 23<sup>rd</sup> Anniversary and we trust that we will, as a congregation, draw another wonderful Minister to lead us in the New Year.

Love and blessings,  
Bonnie Youngman

## ***African Aids Angels update:***

Since April, 2013, several ladies from PLC have created some very beautiful angels, and had fun working together. We've made 44 angels and sold 7. We have given the \$70 that we made along with 8 angels to the organization. We now have 29 angels to either sell at our Centre or to sell at our book & craft table at Cloverdale School on Nov. 16th. Please see the Program for information on how to get involved with this project.

## ***Events***

***Thanksgiving*** October 13<sup>th</sup>

Please join us on Thanksgiving Sunday to celebrate Gratitude! You are welcome to bring fruit & vegetables to display in our Cornucopia. Bring your thoughts on what you are grateful for.

## ***Events, continued:***

***Volunteer Appreciation Pizza lunch*** October 27<sup>th</sup>

The Board will be serving pizza for lunch after church to thank everyone for all that they do to keep the Centre running so smoothly.

## ***Coming in November:***

***PLC Dance with DJ Patrick*** November 9<sup>th</sup>

***Book Table & Craft Sale at Cloverdale School*** November 16<sup>th</sup>

***Night of Lights at Hillside Mall*** November 17<sup>th</sup>

Tickets are \$5.00 and are available downstairs. All proceeds from ticket sales come to the PLC. The venue will be much more elegant this year. Louise will not be playing carols, but other beautiful music. There will be a den for men, where they can drink wine and watch the big screen TV while their partners shop. Not to be missed!

## ***Coming in December:***

We will have lots more going on in December, but for now, tickets are available downstairs for ***Tally Ho Carolling***, on December 20<sup>th</sup> at 5:30pm.

## ***Update on our sponsored children (now young adults) in the Philippines:***

Grace Abay writes that she is continuing her engineering, and that they are doing bridge building to teach the younger students, as well as growing a garden at the school and selling the produce to earn funds.

Dexter Pingi has been elected Vice President of the Department of Education, and the Peace Officer of the Educator's Club. He passed all his exams with marks of 90% to 95%, and expresses much gratitude for the opportunity to learn.

Be sure to take the time to read these letters. They are fabulous.  
Blessings, Pat Alfke Wright