

Affirmation of the Month

“Life without thankfulness is devoid of love and passion. Hope without thankfulness is lacking in fine perception. Faith without thankfulness lacks strength and fortitude. Every virtue divorced from thankfulness is maimed and limps along the spiritual road.”

John Henry Jowett



Please note: From time to time we will take pictures or videos of people at services or events to put on our Website or Facebook. Please let us know if you do not want to be included in this.

Positive Living Centre of Victoria Centre News for September 2012

Kim's Korner

Melody Beattie wrote: “Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It turns a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow.”

I have used this powerful piece of Melody Beattie's as a part of my daily spiritual practice. We are told of the power of gratitude by others that have used it as a transforming practice.

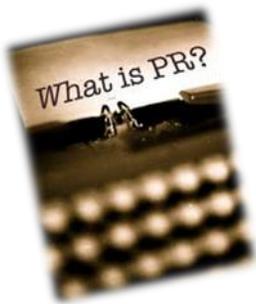
On the Oprah show, Michael Losier spoke of keeping a daily gratitude journal. By acknowledging what you are grateful for in your journal, Michael says you'll become a deliberate attractor of positive vibrations. “Did you know that appreciation, gratitude and love are the highest form of vibration?” He asks. We can only have one vibration at a time and if you are noticing what you appreciate and noticing what you are grateful for, you can't be noticing what you don't like.

Happy Thanks giving.

Submitted in love Rev. Kim.



President's Remarks



I have been looking after Public Relations for some time now, but I know that I'm not the best person for the job. Would the perfect person please make themselves known to me?

We had a meeting in September to see if anyone was interested in starting a Charity Craft circle. At this point there are only a few people interested, but we will be discussing it further.



more often.

We had a great turn out at our Friendship Sunday and 22nd birthday party on September 30! Thanks to everyone for inviting their friends. It was great to see some old friends that we haven't seen in a while, and we hope to see them

Love,
Cathy Fletcher
President



Announcements and Events for October:



Volunteer Appreciation: October 21st after the service. A big thank you Pizza Party to acknowledge all of the volunteers who work tirelessly and often anonymously to help make the PLC what it is (and that's just about everyone)!

Goods and Services Requested for the Annual PLC Auction:

The Auction will be held on November 18th after the service. Please see Bonnie with any goods or services that you might like to offer for this event. On the day, our own Tom Wright will play auctioneer. It's always a wildly fun and boisterous time! Proceeds go towards the operating costs of the PLC.

