

Affirmation of the Month

I recognize a transcendent principal forever guiding, sustaining and inspiring my every thought and movement. In total trust I move forth into life. And so it is.

Announcements

Board Meeting: The next Board meeting will be at 1:00, November 10, 2013 at 3144 Qu'Appelle Street.

Co-op Number: Don't forget to use Michelle Marier's Co-op number when getting gas as the rebate is coming back to the Center. **29857**

Thrifty Foods Gift Cards:

Please see Rev. Kim if you do not have a Thrifty Foods Gift Card. When you load up your card and use it to buy groceries, the Positive Living Centre receives 5% of everything you spend!

Rainbow Kitchen is looking for containers to send food home. Please bring in your sour cream, margarine etc. containers and Bonnie will ensure that they get them.

Pastoral Care Cards: Do you know someone in our congregation who is ill or in need of a pick me up? Contact Jeni Hillier at 250 598-8802 or j.hillier@shaw.ca. She would be happy to send a card.

Please note: From time to time we will take pictures or videos of people at services or events to put on our Website or Facebook. Please let us know if you do not want to be included in this.

Positive Living Centre of Victoria Centre News for November 2013

Kim's Korner

In memory of those brave souls who left the comfort of home and family to assure our freedom to live in peace, we expand our vision to a world where war is obsolete, a world whose heartbeat is unified in a consciousness of "teach and live only love." There are many great teachers that have left us a legacy of the written word that supports this idea. Loa Tzu from about the 3rd century B.C. advocates non action, which is described as not meaning inactivity, but rather as taking no action that is contrary to Nature – in other words "letting nature take its own course." To me this is the ultimate freedom. It frees us first and foremost from needing to be in control, it brings us instead to a place of allowing. Letting go of everyone else's life and trusting that no matter what the appearances, their life is unfolding in accordance with their own inner dance, the rhythm of which only they are privy. Letting go of needing to figure out our own life, fully trusting that there is a natural urge toward growth and expansion that is revealing our path, individually and collectively. Trusting our intuition to keeping us on that path. Letting go of opinions of right and wrong. Knowing that with my finite vision I have no idea of the right or wrong of anything. Our biggest mistakes have often become a life changing event and our greatest teacher. Practicing desire-lessness and trusting Buddha's words that desire is the root of all suffering. It is food for thought, considering that the minute we voice a desire we are affirming lack in the moment. That which we affirm expands, maybe Buddha had something there, but pretty tough to swallow in our "I want" society. Another idea that frees us to live in peace, is to allow life challenges to be our spiritual practice, especially aging. Imagine everyone at age 65 embracing aging as their spiritual practice. More food for thought. Loa Tzu's idea that the more we can let nature take its own course, the greater our peace, resonates with me.

In Love, Rev. Kim

President's Remarks

The end of the year quickly approaches and with the New Year we will be seeking a new minister. We will give our fond farewells to Kim at a dinner at the Four Mile House on Dec. 27th. The newly formed Candidating Committee will start their search. The Committee consists of Anne Millar, Cathy Fletcher, Jim Scott, Michelle Marier and Pat Alfke Wright. But remember that once they short list it will be the membership who makes the final say. In the meantime we will enjoy guest speakers and our wonderful Rev. Joanna. But that is still a ways away and Spirit will guide us. Before that, we have our Fall Frolic dance, the book & craft sale, as well as a lot of activities to look forward to in December.

Love and blessings,
Bonnie Youngman

Quote of the Month

“This idea that we are not only the painter, but also the canvas, the paint brush and the paints can be overwhelming, even as it is inspiring. What shall we create? If you draw a blank when considering this question, this is where the power of imagination comes in. Suppose your life assignment is to paint the picture of a life of health, wealth, love, and creative expression, but for whatever reason you think to yourself, ‘I don’t know what that looks like. Now what?’ Use your imagination – if you can imagine what a life of full expression and success could look like for ‘someone else,’ imagine that! The truth is that you are not separate from that imagining. What you can imagine to be true for someone else is also true of you.”

~David Alexander, Science Of Mind, September, 2013, Page 92

Events

Fall Frolic Dance with DJ Patrick November 9th 7:30-11:30
Silent Auction, Prizes, Beer, Wine, Snacks and lots of Great Music and Dancing! Get a table together of your friends and family for a good time. Tickets are \$15 and are for sale downstairs or by calling Coralie @ 250-381-4890.

Book Table & Craft Sale at Cloverdale School Nov. 16th
Bonnie will be there from 10:00-4:00 and welcomes anyone who would like to join her. We will be selling some of our books and welcome any donations of crafts to sell to benefit the Centre.

Night of Lights at Hillside Mall November 17th
Tickets are \$5.00 and are available downstairs. All proceeds from ticket sales come to the PLC. So please get some tickets and sell them to your friends and family! The venue will be much more elegant this year. Louise will be playing the piano as in the past, but without the sing-a-long. There will be a den for men, where they can drink wine and watch the big screen TV while their partners shop. Not to be missed!

Coming in December:

Goods and Services Auction December 1st

Heritage Acres Outing December 7th

Turkey Dinner Pot Luck December 8th

Bake Sale December 15th

Tally Ho Christmas Caroling December 20th at 5:30

Christmas Service & Concert December 22nd (In the evening, no morning service)

Kim's Retirement Dinner December 27th

Kim's Last Service December 29th