

# *The Positive Living Centre of Victoria*

## Centre News for March 2011

### *Kim's Korner*

The first transformational wave of understanding is on the banners that Doreen Maxwell so beautifully crafted in the front of our meeting space, stating "Change your thinking, Change your life". These words are true and will always be true. Now a new wave of understanding is being added; "Change your vibration, Change your life." We have scientists like Gregg Bradden and Dr. Bruce Lipton, a molecular biologist, Gary Greg of the Emotional Freedom Technique and authors like Esther and Jerry Hicks telling us it's all in the vibration. These are only a few of those now involved in Energy education and research.

In the book "The Amazing Power of Intent" by Esther and Jerry Hicks, it states, "Some are beginning to acknowledge: you get what you think about. But we would like to clarify that statement. You get what you **feel** about what you think about." The power is in what we feel. Therefore, if we have a desire, the journey to manifestation of that desire is to delve into the deeper feelings around being able to have it. For instance, do I at a deep subconscious level of mind feel that I don't deserve it or for some reason can't have it? It's very simple to discover our level of acceptance: write down your desire, this may be health, wealth, loving relationships or well-being, etc. Sit quietly, and read over your desire. Close your

eyes, and observe the feeling that comes up in your solar plexus. If there is a resonance, shout it from the roof tops “**Yes,**” it’s yours. If there is a tightening or niggly feeling of discomfort of any kind, it’s not yours and will not be yours until the underlying feeling has shifted. So now we enter the stage of evolution of being acutely conscious of our underlying feelings. How exciting, a new tool in our transformation toolbox.

Submitted with **Feelings** of Love,  
Rev. Kim

### ***President’s Remarks***

We had a very good, inspiring, Annual General Meeting on the last Sunday in February, followed by a brief Board Meeting to elect Officers. Some of the highlights:

The vote to make additions to the Constitution regarding Ministers and Practitioners was passed. These additions were sent out to members, and will be part of the AGM minutes if anyone else is interested in seeing them.

Lillian Slanina and Janet Lewis have left the Board of Trustees, and Bonnie Youngman has joined. Thanks to Lillian and Janet for all their help in the past year(s)! Janet has graciously agreed to keep helping out in the area of Publicity.

I was elected as President of the Board, Jim Scott was elected as Vice President, Joanna Drewry was elected as Secretary, and Pat Alfke will remain as Treasurer. We all look forward to serving you over the next year.

After a fairly tough year, financially, in 2010, we are already turning this around in the first two months of 2011.

For further details, please see the minutes in the binder downstairs, where we keep minutes of all of the board meetings. The first Meeting of the New Board will be upstairs after the service on Sunday, March 6<sup>th</sup>, at about 12:30. Anyone who wishes to attend is welcome.

I am honoured to be your new President, and look forward to the following year. Please contact me if you have any concerns or suggestions.

Love,  
Cathy Fletcher  
President