

Affirmation of the Month

Because I create my world through my thoughts and feelings, I make clear, concise statements of the good I desire, and I have a clear vision of these desires. I then in total faith let go and let love find a way. And so it is.

Board Meeting: The next Board meeting will be the second Sunday in August: August 11, 2013 at 1:00 at 3144 Qu'Appelle Street.

Co-op Number: Don't forget to use Michelle Marier's Co-op number when getting gas as the rebate is coming back to the Center. **29857**

Thrifty Foods Gift Cards:

Please see Rev. Kim if you do not have a Thrifty Foods Gift Card. When you load up your card and use it to buy groceries, the Positive Living Centre receives 5% of everything you spend!

Rainbow Kitchen is looking for containers to send food home. Please bring in your sour cream, margarine etc. containers and Bonnie will ensure that they get them.

Pastoral Care Cards: Do you know someone in our congregation who is ill or in need of a pick me up? Contact Jeni Hillier at 250 598-8802 or j.hillier@shaw.ca. She would be happy to send a card.

Please note: From time to time we will take pictures or videos of people at services or events to put on our Website or Facebook. Please let us know if you do not want to be included in this.

Positive Living Centre of Victoria **Centre News for August 2013**

Kim's Korner

As I was browsing on the computer, this piece from 2011 popped up. It was from a weekly message online called **Women at Heart**. It has timeless wisdom and simplicity and therefore seems worthy of repeating.

"When your life is filled with the desire to see the holiness in everyday life, something magical happens: ordinary life becomes extraordinary, and the very process of life begins to nourish your soul."

~ Rabbi Harold Kushner

"Human beings serve best when they have ample time to rest, relax and play."

"If you live a life filled with love and presence in the moment, you are always serving."

"The ego helps you to have the courage to expand past where you are comfortable and try new adventures."

"We all need to take part at this time to help others move out of fear and into love."

"All you are really required to do is to take the next step that feels joyful, that makes you feel happy and alive. Do that and you will have fulfilled your life's purpose."

How simple. How appealing.

In Love, Rev. Kim

President's Remarks

Well, July was quiet with people coming and going and I am sure August will bring much the same. So rest up, because we will back to normal come September with our Foundation Course starting, and then we have our Dance and our Book Table with Crafts at Cloverdale School in November. So enjoy your quiet time while it lasts.

Bless you all, Bonnie

Quote of the Month:

“Inspiration is more important than intention.

Intention is a toy of the mind; inspiration is a directive from the Divine. At some point you'll surrender and start listening, rather than begging and waiting. Intention is trying to control life based on the limited view of the ego; inspiration is receiving a message from the Divine and then acting on it. Intention works and brings results; inspiration works and brings miracles. Which do you prefer?”

~ Joe Vitale & Ihaleakala Hew Len, *zerolimits The Secret Hawaiian System for Wealth, Health, Peace and More*, page 201

Announcements & Events

Summertime:

The book table will be open for the summer, so please remember to have a look at the offerings, and pick up your Science of Mind Magazine.

The Treasure Table will be on the 2nd Sunday of August.

The Amazing Grays will not meet for the summer.

The African Aids Angels workshops have continued through the summer, the next one will be at 2:00 on Wednesday, August 21st.

Coming in September:

Foundation Course: Wednesday, September 11
Rev. Kim will be presenting an 8 week Foundation Course. Please sign up downstairs if you would like to attend. You can see Rev. Kim for more information. Location to be announced.

African Baby Shower: Coralie will be collecting items for this event which will be held on Sept.8, 2013. The volunteers of the Compassionate Warehouse put together Maternity Packs for women and newborn babies all over the world. Items needed are towels, hand towels, receiving blankets, newborn to 3 month onesies & sleepers, socks, newborn disposable diapers and hard candies. So please bring any of these items to the Centre and Coralie will take them to the Baby Shower.