

mind through devotion and meditation. Although I would think that the level of discipline they accomplish would at times take them into extreme mental and emotional discomfort. However, the beauty of this story is that it tells us that if we **have** discomfort in our life, meeting it with faith and trust can move us into the resurrection consciousness. As Jesus said “Thy faith has made thee whole”.

Lovingly, Kim

President's Remarks

We had our first meeting of the new Board last month. Everybody is very enthusiastic, and dedicated to providing the most welcoming, inclusive, stimulating and inspiring community that we can. We want to include the congregation as much as possible in the operation of the church. There is a suggestion box out every Sunday and we welcome contributions. If you have any ideas about courses or workshops you would like to attend, please let us know. We are also open to suggestions about books for the library/book table and book study groups. This is *your* spiritual community, so let's create the kind of place that *you* want!

Love,
Cathy Fletcher
President

The Positive Living Centre of Victoria

Centre News for April 2011

Kim's Korner

The Easter story of the crucifixion and the resurrection is very moving and inspiring, but when we realize it is an accounting of the steps of initiation that we all go through on the path of awakening to the divine within us, a whole new light is put upon this narrative of the journey that Jesus took. This, like every other bible story, is our own personal story. It reflects the trials and difficulties we all encounter as we move from our humanness into our divinity. The key to Jesus' resurrection lies in his total surrender, reflected in his statement in Matthew 26 V 42, “O my Father, if this cup may not pass away from me, except I drink it, thy will be done”. As he walked through the closing events of his life, his complete faith that a Higher Will was operating lifted him into an exalted state of mind, which is what the resurrection is.

Also, the message of this story is that we do not have to die to our human form to have this experience. We have the same Christ in us as was in Jesus, what was possible for him is possible for all of us. The pain he encountered was the birthing pains of the ascension consciousness. Jesus' journey appears to be wrought with anguish. Does that mean that we can only arrive at this exalted state of mind through pain? It would appear this is not the case; many Yogi's have accomplished this ascended state of

